

Drug	Short-term effects	Long-term effects	Overdose effects
Alcohol	injuries, violence, alcohol poisoning, reproductive health consequences (STDs, unintended pregnancy, miscarriage, FASDS)	chronic diseases; cancer; learning & memory problems; social, family, employment problems; alcoholism	alcohol poisoning, which may lead to choking, stop breathing, severe dehydration, seizures, cardiac arrest, brain damage, death
Depressants	drowsiness, nausea, confusion, memory problems	physical & psychological dependence	shallow respiration, weak & rapid pulse, coma, possible death
Hallucinogens	sensory distortion, confusion, hallucinations, nausea, panic, increased heart rate & body temperature	flashbacks, paranoia, memory problems	psychosis, seizures, coma, possible death
Marijuana/ Cannabis	drowsiness, increased heartrate & appetite, memory problems, anxiety, impaired judgement, reduced physical coordination	mental health problems, chronic cough, frequent respiratory infections, suppressed immune system, addiction	
Narcotics/ Opioids	pain relief, drowsiness, apathy, slowed physical activity, nausea, slowed breathing	increased risk of addiction/overdose	constricted pupils, cold clammy skin, confusion, slowed breathing, convulsions, possible death
Stimulants	increased wakefulness/physical activity, decreased appetite, paranoia	confusion, insomnia, mood problems, tremors	high fever, agitation, convulsions, possible death