



**University of Northern Iowa
Drug and Alcohol Abuse
Prevention Program
(DAAPP)**

Table of Contents

Purpose	3
Compliance Elements	3
Biennial Review Process	3
Scope	3
Statement on Drug and Alcohol Prevention	3-4
Links to Policies	4
Alcohol and Drugs	
Smoking and Tobacco Use	
Employee Drug and Alcohol Testing	
Student Conduct Code	
Drugs & Alcohol - Intercollegiate Athletics Tailgating Policies	
Social Policy University of Northern Iowa Interfraternity and Panhellenic Council	
Federal, State, and Local Laws and Violations	4-5
Health Risks of Alcohol and Other Drugs	5
Alcohol and Other Drug Use Resources and Programs	5-6

PURPOSE

This comprehensive program furthers the University's mission by fostering an environment that encourages lifelong learning; enhances personal growth; and supports each individual's overall health and well-being. Members of our campus community are responsible for their actions and are expected to respect the rights of others to participate freely in all university activities. In the spirit of individual and shared responsibility, the University has adopted the following policies, practices, and programs to help shape healthy and informed decision-making and maintain a caring and supportive learning environment.

COMPLIANCE

To comply with the Drug-Free Schools and Communities Act (DFSCA), the University of Northern Iowa must, at a minimum, include the following:

A. The distribution in writing to each employee, and to each student of:

1. Standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use, or distribution of controlled substances and alcohol by students and employees on its property or as part of any of its activities;
2. A description of the applicable legal sanctions under local, State, or Federal law for the unlawful possession or distribution of controlled substances and alcohol;
3. A description of the health risks associated with the use of illicit drugs and the abuse of alcohol;
4. A description of any drug or alcohol counseling, treatment, rehabilitation, or re-entry programs that are available to employees or students and;
5. A clear statement that the institution of higher education will impose disciplinary sanctions on students and employees (consistent with local, state, and federal law), and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct required. For this section, a disciplinary sanction may include completing an appropriate rehabilitation program.

SCOPE

This program applies to all University of Northern Iowa students and employees.

STATEMENT ON DRUG AND ALCOHOL PREVENTION

The University of Northern Iowa adheres to federal, state, and local laws, and strives to create an environment that supports healthy decisions and lifestyles. While the use of illegal drugs is prohibited, the University acknowledges and respects the rights of individuals to use alcohol legally and responsibly, just as it acknowledges and respects the rights of individuals who choose not to use alcohol. Although the moderate consumption of alcohol may be an acceptable part of certain social activities, alcohol, and

drug abuse interferes with the ability of the University to achieve its mission and can adversely affect individuals, the university, and the larger community.

Policies are intended to help maintain the health and safety of the University's faculty, staff, students, and visitors, and to ensure that alcohol and drug use do not interfere with the effective functioning of the University. It further delineates the parameters relative to using alcoholic beverages on University property, at University-sponsored events, or in conjunction with University activities. Alcohol abuse and the use of illicit substances and drugs constitute obvious hazards to health, safety, and well-being and destroy one's ability to function in a productive and contributory fashion. Policies have been developed and adopted by the University that strictly prohibit the unlawful manufacturing, distribution, dispensation, possession, or use of illicit substances. Information about expectations for student and personal conduct and other policy matters related to alcohol and other drugs are within the policies listed below.

POLICIES

These policies are subject to review and change and their publication does not forfeit that right:

- [Alcohol and Drugs](#)
- [Smoking and Tobacco Use](#)
- [Employee Drug and Alcohol Testing](#)
- [Student Conduct Code](#)
- [Drugs & Alcohol - Intercollegiate Athletics Tailgating Policies](#)
- [Social Policy University of Northern Iowa Interfraternity and Panhellenic Council](#)

FEDERAL, STATE, AND LOCAL LAWS AND VIOLATIONS

In addition to disciplinary sanctions by the University, students may be subject to criminal prosecution under federal, state, and/or local laws. To ensure students are aware of possible legal sanctions, this section briefly describes some relevant laws with sanctions and provides links to more information.

Controlled substance convictions under federal laws carry a range of penalties which can include fines and/or imprisonment. Federal controlled substance convictions also can lead to forfeiture of both real and personal property; the denial of federal benefits, such as grants and student loans; and the denial of federally-provided or supported professional and commercial licenses. The seriousness of the offense and the penalty imposed generally depend on the type and amount of the drugs involved.

- [Provisions of the federal Controlled Substances Act, 21 U.S.C. 801 et al](#)
- [Federal penalties and sanctions for illegal trafficking and possession of a controlled substance](#)

Both state and federal laws prohibit the distribution of, manufacture of, or possession with intent to distribute a controlled substance or a counterfeit controlled substance. Specific drugs, amounts, and penalties are described in [Iowa Code Chapter 124-Controlled Substances](#). Specific drugs, amounts, and penalties are described in [Iowa Code Chapter 13-Drug Abuse Prevention and Control](#). State and federal legal sanctions are subject to change by the General Assembly and Congress, respectively.

More information on state and local laws and sanctions can be found at:
wellbeing.uni.edu/student-wellness/alcohol-other-drugs/law-uni-policy.

HEALTH RISKS OF ALCOHOL AND OTHER DRUGS

Virtually every organ system is affected by alcohol. Drinking in moderation may cause problems to one's body, and drinking heavily over the years can cause irreversible damage. However, most diseases caused by excessive drinking can be prevented. For information about the health risks associated with alcohol and/or other drugs please visit:

- [Alcohol and You: An Interactive Body](#)
- drugabuse.gov/drugs-abuse/commonly-abused-drugs-charts

For summarized information regarding the health effects of most commonly used drugs go to:
wellbeing.uni.edu/sites/default/files/inline-uploads/2020_health_risks_chart.pdf

ALCOHOL & OTHER DRUG USE RESOURCES AND PROGRAMS

If you or someone you know is being affected by alcohol or drug misuse or abuse, there are on-campus, confidential resources available.

For Students:

[Student Wellness Services](#), Maucker Union 109, (319) 273-3423
 Free consultations, referrals, programs, services, and education.

[Counseling Center](#), 103 Student Health Center, (319) 273-2676
 Free and confidential consultations and referrals.

[Student Health Clinic](#), 016 Student Health Center, (319) 273-2009
 Confidential consultations, referrals, and education.

There are also off-campus resources that provide alcohol and other drug services.

For Employees:

Employee Assistance Program (EAP): For faculty and staff, the University offers EAP services designed to assist UNI employees and their families with problems affecting personal relationships, health, and work performance. All services are free and confidential. hrs.uni.edu/mybenefits/eap or (800) 327-4692.

Local Hospitals:

All local hospitals provide 24-hour emergency medical services.

MercyOne Cedar Falls Medical Center
 515 College Street
 Cedar Falls, IA 50613
 (319) 268-3090

UnityPoint Health-Allen Hospital
1825 Logan Avenue
Waterloo, IA 50703
(319) 235-3941

MercyOne Waterloo Medical Center
3421 West 9th Street
Waterloo, IA 50702
(319) 272-7050

Substance Abuse Programs:

Pathways Behavioral Health Services
3362 University Avenue
Waterloo, IA 50701
(319) 235-6571
pathways.org

MercyOne Horizons
3421 West 9th Street
Waterloo, IA 50702
(319) 272-8560
mercyone.org/northeastiowa/find-a-service-or-specialty/mercyone-horizons

Al-Anon Family Groups
(888) 425-2666
al-anon.org

Iowa Region of Narcotics Anonymous
(800) 897-6242
iowa-na.org/

Iowa Department of Public Health
(855) 581-8111
Call, live chat, or text for reliable treatment options and reliable information regarding alcohol, drugs, mental health, gambling, or suicidal thoughts at yourlifeiowa.org/.