UNIVERSITY OF NORTHERN IOWA

COUNSELING CENTER INTERNSHIP APPLICATION

Complete this application and return it on or before March 31 to the Associate Director, Clinical Services and Training, [melissa.mendenhall@uni.edu](mailto:melissa.mendenhall@uni.edu) by email or in person to the Student Health Center, Cedar Falls, IA. Please attach a copy of your resume. In addition, please submit names and phone numbers of two references we can contact.

Date:

Name:

Student ID Number:

Address:

Phone:

Email Address:

Current college or University & Degree Program:

Date graduate work began:

Expected graduation date:

**Previous Education:**

Date:

Institution:

Dates Attended:

Major:

Degree:

**Practicum Experience:**

Location:

Number of Direct Client Contact Hours:

1. **Please write an explanation of your reason for choosing to apply for this internship.**
2. **Please indicate what your hopes, dreams, and/or goals are related to this internship.**
3. **Please describe your theoretical orientation.**
4. **What are your clinical strengths at this point in time?**
5. **What do you believe are your personal strengths?**
6. **Please identify and share any relevant clinical areas which you feel unprepared to work with at this point in time.**
7. **Describe what you think would be the most effective type of supervision for you (e.g., live supervision, tape review, co-counseling, discussion, etc.).**
8. **What would you like to do following graduation?**

**\*Please respond to the following scenario:**

Maria is a 20 year old transfer student from the University of Iowa. She moved to an apartment in Cedar Falls at the beginning of the academic year. Maria indicated during the initial assessment she has been struggling to make social connections in the community. She reported she thinks “life is overrated” especially since transferring to UNI, but denied suicidal plan and intent at the time. She also reported reduced motivation and ability to focus, consequently she hasn’t been attending class. She indicated feeling “drained'' most days of the week. She noted she is having difficulty prioritizing meals throughout the day; she said she doesn’t always “feel worth the cost of a healthy meal”.

1. **What more would you like to learn about Maria in order to further conceptualize the case?**
2. **List several hypotheses about Maria**
3. **Give your diagnostic impression(s) regarding Maria**

**References:**

Revised 2/24