

**IMPORTANT HEALTH INFORMATION  
FOR ALL NEWLY ADMITTED  
INTERNATIONAL STUDENTS**

The University of Northern Iowa Student Health Service staff provides a wide array of medical care: mental health services, immunizations/allergy injections, minor surgical procedures, and treatment of illnesses and injuries. Students who register for five or more semester hours of credit are automatically assessed a Mandatory Student Health Fee in their tuition cost. This fee entitles the student to many services at no cost, some services for a minimal fee, and other services for regular fees.

**All international students are required to have health insurance.** The United States does not have a national health insurance program. The purpose of your health insurance policy is to protect you from the high costs of medical care associated with serious accidents or illness. *The University of Northern Iowa offers the Student Health Insurance Plan (SHIP). University policy requires all international students to purchase the SHIP policy.* You will automatically be billed on your university bill for SHIP each semester you are an enrolled student. If you have government sponsored or corporate insurance you may be allowed to waive the university SHIP coverage with the approval of the Student Health Clinic.

### **Mandatory Health Requirements**

**Bring a copy (in English) of the immunizations you have received and the dates you received them.**

Complete the *Immunization Record for International Students* that accompanies this letter and bring it with you to a Mandatory Health Requirement Screening Clinic held during orientation week.

- **All students MUST** provide documentation of two measles, mumps rubella (MMR) vaccinations  
**OR**
- Provide Student Health Clinic copies of original laboratory reports of MMR titers that verify immunity to these diseases.

**This documentation must be in English or it will not be accepted.** Students who fail to provide the required documentation will not be allowed to register for future semesters. If you cannot provide documentation for these vaccinations you will need to be immunized at the Student Health Clinic. There is a cost for this service.

The University of Northern Iowa requires TB screening of **all** new international students. This mandatory screening will be performed on campus during your orientation.

- **Do not have a tuberculosis skin or blood test done prior to coming to Iowa. TB Screening MUST be done on the University of Northern Iowa campus.**
- If you have previously tested positive for tuberculosis, please bring proper medical documentation.
- If you have been treated for TB infection or disease, bring a copy of your treatment report written in English.

Remember to complete the *Immunization Record for International Students* that accompanies this letter and present it when you come to the Student Health Clinic on the day of your Health Requirement Screening.

## Immunization Record for International Students

University of Northern Iowa Student Health Clinic

Return this Form to:  
University of Northern Iowa  
Student Health Clinic  
Cedar Falls, Iowa 50613  
**OR**  
Fax # 319-273-7030

Patient's Name \_\_\_\_\_

Student ID# \_\_\_\_\_

Local Address \_\_\_\_\_

Preferred Name if different from above: \_\_\_\_\_

### Required Measles, Mumps, Rubella (MMR) Immunization

MMR: Proof of immunity to MMR is a requirement for registration for classes. **The only exception is for females who know or suspect they are pregnant. These individuals are exempt from this requirement until after the delivery of their child.**

This requirement is fulfilled if you meet one of the following criteria:

birth date *before* 1957; or

received two doses of MMR vaccine (provide both dates):

#1 \_\_\_\_/\_\_\_\_/\_\_\_\_; (must be after your 1<sup>st</sup> birthday and **in** 1969 or later);

month day year

#2 \_\_\_\_/\_\_\_\_/\_\_\_\_ (must be at least 28 days after #1 – usually given at age 4-6 years or later)

month day year

provide to Student Health Service copies of original lab reports of MMR titers that verify immunity to these diseases

### Meningitis Vaccine Information

Meningitis is an infection of the fluid surrounding the brain and spinal cord that is caused by a virus or bacteria. Bacterial meningitis can be severe and cause organ damage and death. There are vaccines available that can prevent 4 types of bacterial meningitis, including 2 of the 3 most common in the U.S. The meningitis vaccines cannot prevent all types of the disease. Meningitis vaccine is recommended for college students under the age of 25 who want to decrease their risk of contracting bacterial meningitis. **IOWA LAW requires us to provide this information on meningitis and meningitis vaccine. We are also required to collect data on meningitis immunization on our campus.**

Please indicate if you have received the meningitis vaccine:  yes  no

If yes indicate date given (month, day, year): \_\_\_\_/\_\_\_\_/\_\_\_\_

Your signature verifies that you have read this information. (Signature) \_\_\_\_\_

(date) \_\_\_\_\_